

The Importance of Choosing the Right Mentor

How do you find a good mentor for you? Read, Read, Read.

by **Carol A. Briney**

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No problem can be solved from the same consciousness that created it. You can't dig yourself out of a rut, by thinking your same old thoughts or doing the same actions over and over again.

Everything that you have learned in your life has come from someone else's thoughts and opinions. Whatever you know right now, positive or negative, will live on unless you choose to do something different.

Your negative thoughts, and images of yourself, no matter how untrue will keep on replaying themselves over and over and you will seek ways to justify them in your life unless you make the decision to change.

These limiting thoughts are destroying your life little by little every day. The interesting fact is these thoughts only exist in your mind. They are not real. You only believe them today because you have thought them over and over again until they became your belief.

It is my belief that you want to make some changes in your life or you would not be reading this article and this, my wonderful friend, is where mentors can make the difference. So if you have made the all important decision to focus on attaining your goals and living a life that you love, kudos to you! You are worthy of any goal that sets your heart on fire. In fact, it is important to remember that focusing on yourself, living a happy and joyful life, and attaining your goals is not selfish no matter what you have ever heard. Working on yourself, learning to

love yourself and achieving your dreams is the greatest gift that you can give to humanity. I say, "GO FOR IT!"

It has been stated that we are like the people that we spend most of our time with. This is why choosing a mentor or mentors is crucial to manifesting a life that tickles your Soul. Mentors can help us to see things differently. They can help us to create new belief systems in our life. They can help us to see that we can indeed live the life of our dreams if we choose to.

Here are some criteria for choosing the right mentors for you:

A good mentor is someone who lives life the way you want to live.

A good mentor is someone that you connect with on a moral level.

A good mentor is someone that has more success than you in the area that you are choosing to grow in.

A good mentor is some who will listen to your dreams, plans, and goals without negative comments.

A good mentor talks about the challenges on your path but never tells you that you can't do something because you are dreaming too big.

A good mentor should stretch you but never break you.

A good mentor should teach by example.

You came to this earth to learn, to love, and to joyously expand your life. A good mentor or mentors can help you to do just that.

How do you find a good mentor for you? Read, Read, Read. Listen to podcasts, go to seminars, and workshops, and find people that you resonate with that are more successful than you in the areas you are looking to grow in. Find people that are living like you would like to live and ask them how they are doing it? It is my experience that most successful, happy people will welcome your questions and lead you in the right direction.

I believe in you, and I am sending you ALL GREEN LIGHTS for your journey!



Carol Briney

Speaker, Author, The CEO Of Unlimited Possibilities and The Founder Of Carol A. Briney International.