

GETTING STARTED | TRAINING

Get Started N.O.W. (New Opportunities Within)™!

5 Steps to help you get started now and finish first in your business!

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Hand over your heart, stand up straight, repeat loudly, “This is the year I am really going to get started and finish first in my business”. It is time for the success of all the people who are serious about their businesses. Whether you have a brick and mortar business, an entrepreneurial business, or a network marketing business; the years of excuses, reasons, and why nots have to be left behind.

You know you want to be successful and you know you can do it. So as the saying goes, “Just do it!”

Most of us will never win the lottery and we will never be on a game show and suddenly have what we want. Inside of you though there are SO many great things. And you need to seek the New Opportunities Within yourself so that you can have all of the things you want in your life and have control over your life again! If you follow these steps you will see huge changes in all aspects of your life.

First thing you will want to do is get very clear on how you feel about your business in its different parts. Decide the things that you like and are working well for you and those things that just aren't quite right and you would like to change. Obviously you will want to do more of the things that are right and figure out how to change the things that are not working.

Too often people realize something isn't right but they don't look at it long enough or close enough to do something about it. Make those changes! It could make a huge difference in your business.

Second – Set Goals! Come on you know it is important. You know how to do it. Use S.M.A.R.T. goals is a simple, easy way to accomplish this.

My Goals				
Specific	Measurable	Attainable	Realistic	Timely

Remember you can ask for help and having an accountability partner to help you set your goals and help you focus and work towards your goal is often the best asset you can give yourself. So you may want to consider getting a coach to help you along in this process.

Thirdly you will want to Create Affirmations. Affirmations are a vital part of seeing, feeling, and knowing what you want. This really isn't optional if you want to make things happen.

You have to have those vision boards and goals and know in your heart that you can attain all of your desires.

That is what affirmations do for you. They help clarify and crystallize what you want and where your successes lie. Create your own or if you are not quite ready for that you can obtain Affirmation CD's that will help you get started.

Fourth item on the list is to ASK! Asking is the most rewarding, exciting, and empowering thing you can do for yourself. Asking allows

you to be open and honest with people and sometimes you will get the most incredible results. You have got to learn to ask if you want to see changes and results in your life. It is THAT important!

Most people don't ask for things because they are afraid or they don't know how.

Do whatever you have to do to get past that fear. I promise you the more you practice the easier it gets and you will have some powerful results in the process.

If you don't know how, then just start with simple requests.

Ask for a different combination on a menu than what is being shown. Ask for an upgrade in a car rental or hotel room. Ask someone to help you out with something. You can start small like that and then you will want to learn to ask for the tougher things like a raise at work, specific time with your friends or spouse, for something that you have always wanted. The worst that can ever happen when you ask is they can tell you No. You are no worse off if they do but you can be so much better off if you do.

Take Action is the Fifth step. The New Opportunities Within you will surface as you take the steps necessary to start the process and continue it on a daily basis. We are all great and we have to find that greatness and bring it to the surface for the good of us and all of those who are part of our world. You have a lot to offer and you need to find those new opportunities within you so you can be and have all the things you have ever wanted in your life!

The combination of these steps can help you really get started this year. They can place you first in your industry and change your life and business forever. Don't let this be an option you might do. Really dig into number five and take action now so that you can have all of your dreams. You are the only one that can decide how important it all is. And only you can make it happen!



Laura Johnson is a Serialpreneur and loves to work with multiple streams of income. She is a Certified Comprehensive Coach and has found her Email Coaching a great success for those who can't afford or don't want to have a full time coach. She is the Managing Director for eWomenNetwork in Northeast Dallas. And her joy in helping the small entrepreneur has led her to become a Sales Director for Compliments International. Go to www.thesuccessinator.com to try the email marketing or find out more about eWomenNetwork or Compliments International.
