

## Top Strategies to Achieve Uncommon Success

*Properly applied, these 8 principles can also serve as a catalyst for YOUR success.*

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Below are 8 proven strategies highly successful people have always used to overcome obstacles to their goals. Properly applied, these same principles can also serve as a catalyst for YOUR success.

### 1. Get Aligned

It's important to first clearly define exactly what you are truly passionate about -- then find a way to become successful at that passion. Only passion stirs up the kind of energy you'll need when you hit those inevitable bumps in the road. Set passionate goals!

### 2. Focus on Your Priorities

Many folks try to fit their dreams into their life -- complaining there are not enough hours in the day to make it happen. If you want your dream to become a reality, make it a priority. Otherwise it will never be more than a pipe dream, and you're just setting yourself up for disappointment.

***Making something important happen in your life requires more than just a goal --- it requires a REAL plan of action to get you on target! Create a realistic goal plan that fits the reality of your life.***

### **3. Don't Force It**

Don't try to force something that isn't happening. Go for the type of inspired, joyful action that comes along with pursuing a goal in true alignment with your dreams. This causes things to flow along easily and without energy-consuming "efforting."

Contrast this to forcing yourself to take an action you really don't want to take. Most likely this will take you twice as long, and you'll bump up against obstacles.

***Whenever possible swim with the current ... not against it. And stick to your goal plan.***

### **4. Manage your Stress**

Stress throws us off balance and into an older, less productive portion of our brain. It prepares you to fight or run. But it does not prepare you to successfully achieve a goal (unless that goal is to escape a tiger.)

### **5. Build your Strengths**

Success comes easier and more quickly when you focus on your strengths, and delegate in those areas where you are less capable. Your natural talents are those things you do so easily and naturally. They contain the seeds of your greatest potential accomplishments.

It's very important to identify and work on your natural talents and abilities. This is where self knowledge pays off in big dollars and accomplishments. And don't forget to also your build your mind power!

### **6. Disarm Your Inner Saboteur**

Fear of failure is the biggest internal fear most people will ever have to face. It is why so many ideas never get beyond the idea stage -- and why most new projects are started, but never finished.

It's okay to have these feelings, but it is important to identify them for what they are.

***Most fears of failure go all the way back to childhood, and are not even accurate for who you***

***are today. Drag them up into the daylight, and take serious action to face them head on.***

## **7. Develop Resilience**

The truth is, you will have setbacks along the way. This is inevitable. The sooner you accept that, the better. Often if you look closely, you will find these setbacks are directly related to your innermost thoughts, fears and beliefs. This is because we create what we focus on, including those things we don't want.

Don't get stopped by these bumps in the road. Learn from them. As you work through them you will become the person you need to be to create your dreams. And along the way, be sure to refine your stress management skills. This is an essential key to resilience!

## **8. Use the Power of Visualization**

The muscles we use to physically take action in our lives begins in the mind. That is why all great golfers, tennis players, basketball players, dancers, etc. visualize themselves performing successfully.

An experiment conducted by Aussie psychologist Alan Richardson reported a 23% performance improvement among people who visualized every day for 20 days. Richardson found that the most effective visualization occurs when the visualizer *feels* and *sees* what he is doing.

***Use visualization to power-up your success.***



**Dr. Jill Ammon-Wexler** is a renowned success mentor to entrepreneurs from around the world. A pioneer brain/mind researcher, she was one of the first to take mind power training to the corporate world. Get a FREE copy of her popular 11-lesson success course here=> <http://www.quantum-self.com/freecourse.htm>