COLUMN | TAKING ACTION

New Beginnings

Allow yourself the incremental steps to transition into your new beginning.

by George Madiou 571 words | 3 pages



What constitutes a new beginning and when can one start?

New beginning begins in the 6 inches between your ears. You determine when, how and what

this new beginning will look like.

Who determines the when? You determine the when. Yeah, others will always try to determine a new beginning for you, but that will always be *their* agenda, not yours.

Your new beginning needs to be started when *you're* ready to start it and not a moment sooner. A lot of time it's when you're sick and tired of being so sick and tired. You just can't get back on that gerbil wheel any more and run and run without changing your situation.

Once you have hit that point, you have just gotten to YOUR when.

Now what and how you start your new beginning is a different story.

This is not a how-to in 3 minutes. You need to do a whole lot of reflecting on what and how, when you have reached the when stage.

Start with ALL of the things that you want to eliminate from what you are doing. Hone in on the things that if you had a limited time left (because all of us do only have a limited time) what is it that you want to invest that non-renewable resource of time doing.

It's up to you. This is not a dress rehearsal, this is the real thing. NOW is the time for YOUR new beginning. Take the time to do this exercise because YOU are worth this effort.

How you accomplish your what, should be done in bite size pieces. Break down your strategy into a plan and then break that plan into action steps. Tackle no more that 3 or 4 steps at a time within a 2 week period.

Walk down the path of your plan so that you can see and measure your progress. Enjoy your accomplishments and celebrate your victories. Be flexible and realize that you don't have a crystal ball so you will not be able to determine all the how's in the very beginning, that's why you need to allow yourself the incremental steps to transition into your new beginning.

Aim high!

George Madiou

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George Madiou is a full-blooded Entrepreneur, complete with validating credentials, Degrees in Marketing and Management from SUNY and NYU (could ya guess he's a native New Yorker!) To date George has owned over 30 businesses, and says they varied from wildly successful to outrageous learning experiences. Among other successful ventures George has achieved high pin levels in two different network marketing companies.

George loves the thrill of teaming up with great people and seeing projects come to life and that passion is responsible for this magazine getting off the ground. George partnered with his good friend John Milton Fogg and here we all (and we includes you the reader) are, making history happen.

George lives in a small town named Boca Raton, Florida. He says "If this isn't Heaven, I know that God at least vacations here." Without question, the joy of his life is his family. He and Debbie are celebrating their 30th anniversary this year. They have two great young adult children, Sara and David.