

COLUMN

## Beginner's Mind

*Ready to start a new year with a beginner's mind? You may be surprised at all there is to learn!*

by **Mary K Weinhagen**

551 words | 2 pages

---



Each day provides us with a new beginning. This is especially meaningful when we approach each day with a beginner's mind.

If you find you experience some resistance at being seen as a 'beginner' at anything, you may be short changing yourself in the learning department.

Chris Majer, author of *The Power to Transform* tells us that we start the process of authentic learning by becoming a *beginner*. The power of this comes out of accepting three things:

- The awareness that pretending you know something you don't know keeps you away from developing the level of competence that can lead to your success.
- The need for a competent coach,
- Authentic learning is more important and valuable than looking cool.

That last point may be the most challenging of the three. I certainly have become aware, as a result doing the work called for in *The Power to Transform* over the past few months, that making a decision to learn something new means risking looking very uncool. More than that, deciding to release *what I think I know...* in favor of approaching everything as a beginner, has revealed to me a much harsher 'inner critic' blasting me continually. And yet it's also revealed to me just how much my assumption that I knew anything, was getting in the way of the real learning that was available to me.



setting the tone for *thriving* in today's chaos and inviting people to embrace Financial Freedom with a [Home Business](#)!