

## **Beware the Dream Stealers**

*Ultimately, nobody else is responsible for your life but you.  
Nobody else is accountable for your actions but you.*

by **Denis Waitley**

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Although your own internal measurements are the most important, you will occasionally need to seek external feedback on your progress toward your goals. When you do, be sure it is from people who are truly interested in seeing you succeed. Don't seek feedback from fair-weather friends, competitive peers, or any person who doesn't have your best interests at heart. Neutral doesn't count. Get feedback from

someone who is on your side but will still be objective and honest with you.

I've observed time and again that misery truly does love company. Jealousy creates some of the most miserable people I know. Surpass the achievements of your particular social crowd or your business colleagues, and look out for the slings and arrows of those who wish you were back where they are. You have to dodge the snide remarks and catty comments. Let them roll right off you. Don't internalize them.

**Only pay attention to feedback from those who have similar goals or who are working actively alongside you to achieve goals of their own.**

Motives and fears run deep. Study them in others. The sympathetic fair-weather friend who supports you and comforts you when you're down, may like you best when you are in just that state: down and dependent.

Ultimately, nobody else is responsible for your life but you. Nobody else is accountable for your actions but you. Therefore, nobody's expectations for you and opinions about you are as important as your own. So make sure those take precedence in your mind over all others, and if you do need to consult with someone else, think very carefully before you choose exactly who.

—[Denis Waitley](#)

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**Denis Waitley** is one of America's most respected and beloved authors, keynote lecturers and productivity consultants on high performance human achievement. He has inspired, informed, challenged and entertained audiences for over 25 years from the boardrooms of multi-national corporations to the control rooms of NASA's space program. Denis has been voted business speaker of the year by the Sales and Marketing Executives' Association

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With over 10 million audio programs sold in 14 languages, Denis Waitley's CD album, *The Psychology of Winning*, is still the all-time best selling program on self-mastery. To order this Best-Seller or his newest release, *The Platinum Collection* and to subscribe to the free Denis Waitley Weekly E-zine visit his website here: [DenisWaitley.com](http://DenisWaitley.com)