

Having Fun in Business (Hint: It Makes You More Successful)

Having fun in business and life is not optional. It's critically important.

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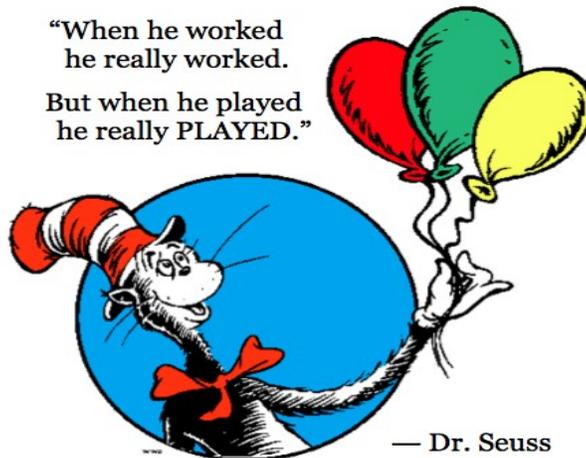


Having fun in business is a hot topic today, and it is easy to see why.

We are connected all the time, to everything. Text messages, smart phones, iPads, laptops, social media newsfeeds, urgent emails, kindles, video games (my 83 year old Mom brought her iPad to a party last night to show her family slideshow) – all demanding our attention – on top of the actual work we need to accomplish!

Compared to what our grandparents experienced, the amount of information being fed to us at any given moment is nothing short of sensory overload. Since we can't take a time machine back to simpler times, it is up to us to find ways for having fun in business.

“When he worked
he really worked.
But when he played
he really PLAYED.”



— Dr. Seuss

Having fun in business... Who has time for that?!?!

I want you to really hear this, *especially* if you tend to be driven and hardworking: Having fun in business and life is not optional. It's critically important. Many folks can fall into the trap of thinking they will take time for fun, leisure, and pampering once they achieve the wealth. Not so, my friend.

You need to generate the experiences you want NOW, so you can integrate that feeling of success into your cells.

What do you think comes first: happiness or success? We think that success will create happiness, but it is actually the other way around. Being happy creates more success in all areas of our lives.



Besides, who would want to join your team if you are constantly stressed and burned out? A big part of why you and I chose a career in network marketing is because of the lifestyle we get to create, right?

I couldn't go back to working for someone else now. The perks for owning your own business are fantastic. This morning I worked out at 10am, sat in my garden working till 2pm – you get the idea!

If you want to attract your dream team, people need to see you having fun in business and experiencing life in abundant ways. And if you are having fun in business – it will show up in your personality! Has it been awhile since you laughed so hard that your stomach hurt? Or since you had a tickling contest with your kids?

Here are some tips for having fun in business, and how it can actually accelerate your success:

#1 Tip for Having Fun in Business: Put Yourself in Good Feeling Places

Here's a great daily practice for you that is guaranteed to make you feel abundant: At the top of a piece of paper, write, "I'm so happy that..." Now list ALL the things you are happy about. My list looks like,



I'm so happy that...

- My first year of marriage was wonderful
- My Mom is doing great
- I get to live where most people vacation

Another variation is answering, "Why am I so wealthy?" Your mind will come up with all sorts of proof, and you will begin to embody the most successful version of yourself.

Why am I so wealthy?

- Because I'm dedicated and focused
- Because amazing people are naturally attracted to me
- Because I'm having fun in business



#2 Tip for Having Fun in Business: Create a Ripple Effect for Giggles

You can't always control what happens in your life, but you can control how you respond. The other day my husband was starting to make me a little bonkers and, as I felt myself getting annoyed, I stopped and asked myself: "Do I want to create a ripple effect of tension? Or do I want to create a ripple effect of giggling?"

As tempting as it is to be *right*, let's be real... giggling is much more fun. So instead of getting testy with my man, I teasingly nudged him in the ribs, and we ended up having a great afternoon!

Your assignment for having fun in business? Look for opportunities to create giggles.

At least more smiles! Don't take everything so seriously! Smile when you pick up the phone. Diffuse tensions with a joke or something light-hearted. Be silly sometimes!

#3 Tip for Having Fun in Business: Do Something FUN

Of course building your business takes work, and you need to put the time in. Yet, understand that it never ALL gets done. So, rather than letting your "To Do" list run your life, why not wake up every morning and ask, "What do I WANT to do today? What do I GET to today?" You may be out of practice and may need to create a "Fun To Do" list. Part of having fun in business is making sure to do things from time to time simply for the sake of enjoyment.



Even if you just pick one Fun To Do item per day, you will notice a huge difference. I love doing something every day that is fun, outside, and for me! Things like:

- *Take a walk along the beach*
- *Pick flowers and create bouquets for our house from our garden*

- *Bake cookies with the kids*

#4 Tip for Having Fun in Business: Whistle While You Work

Having fun in business means making work fun! I noticed our kids drag their feet when it comes time to do dishes but, if we put some music on, dish duty becomes an opportunity to talk and laugh as a family. The kids might still need some convincing!



Having fun in business isn't about blowing off your work; it's about making conscious decisions to add the energy of FUN to whatever you are doing.

Sometimes, I listen to music while I work. Sometimes I work in my garden or the local coffee shop.

My team and I just started a 10 day blitz and we text each other at 3pm to share what we accomplished in the blitz day. It creates some friendly competition and revs up the energy. We're having fun in business together!

#5 Tip for Having Fun in Business: Dream!



The man, the wedding, the ring, the honeymoon all came true... WOW!

I am a big fan of dream boards. Standing in front of your dream boards with your morning cup of coffee is a great use of your time, and starts your day off with a sense of fun, peace, and success.

Here is one of my dream boards that I created about 6 years ago. This is an amazing story – When Mark and I were choosing my

engagement ring, we found the one we loved on the first day out. Later, I took a look at the ring I had placed on my dream board SIX years ago and gasped out loud – the ring we had chosen was the EXACT same ring I had on my dream board.

Dream boards are a fantastic way to help you get very specific about what you would like to create in your life! Get a group of friends together and have a dream board party. Better yet, [let's have a dream board party on Pinterest](#) right now!

To join my Network Marketers' Dream Board, leave your Pinterest URL in the comments below and I'll add you. Let's support each other on our commitment to having fun in business!

To more money, more freedom, a better life,
Kathleen



Kathleen Deggelman entered the network marketing industry in 2006 and became the first and only single woman to reach the top ranks of her company at the time, building a multi-million dollar distributorship in less than two years. She now promotes a skincare line based on stem cell technology, and loves helping people feel better inside and out. Read more articles on network marketing success at KathleenDeggelman.com